

HOME



GROWING

a Better Tomorrow for All Children,

TOGETHER

BETTER TOMORROWS BEGIN HERE:


preventchildabuse.org/growing-better-together-2022



Prevent Child Abuse
Rhode Island



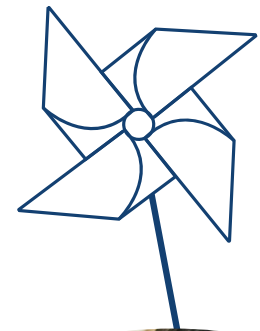
Prevent Child Abuse
America



PREVENTION MONTH TOOLKIT 2022

Each year in April, Prevent Child Abuse Rhode Island (PCARI) teams up with Prevent Child Abuse America and its national affiliates to amplify a clear call to action that motivates the prevention of child abuse and neglect in April and throughout the year. This year the theme is **Growing a Better Tomorrow for All Children, Together** with the main message:

Every day, we help
positive childhood
experiences take root.



This virtual toolkit includes tips, tricks and ideas to bring awareness to prevention of child abuse and neglect and resources with the goal of supporting families and putting families first.



CHILDREN AND FAMILIES ARE OUR GREATEST NATURAL RESOURCE. We all have a stake in preparing children to grow up to be healthy and thriving members of our community.

THE BEST TIME TO PLANT SEEDS OF SUPPORT FOR ALL CHILDREN IS NOW. Every season presents a new opportunity to promote a young person's physical, emotional, and social development.

EACH FAMILY IS UNIQUE, BUT ALL PARENTS AND CAREGIVERS NEED SUPPORT SOMETIMES. We can all help by ensuring children have positive experiences, and families have the resources they need, when they need them.

WE PROACTIVELY CALL OUT INEQUITY AND INJUSTICE AND WORK TO CREATE THE CONDITIONS FOR SAFE, STABLE, AND NURTURING SPACES. All children and families thrive when communities focus on addressing root causes that lead to health and social inequities.

POLICIES AND SERVICES THAT PUT FAMILIES FIRST STRENGTHEN ALL OF US DURING TIMES OF UNCERTAINTY OR INCREASED STRESS. Working together we can relieve some of the overload that parents experience and free them up to focus on caring for themselves and their kids.

WHEN WE INVEST IN COMMUNITY RESOURCES—THE ROOT SYSTEM—WE ENSURE THAT CHILDREN AND FAMILIES REACH THEIR FULL POTENTIAL AND HAVE A PLACE TO TURN IN TIMES OF NEED. Positive childhood experiences grow thriving families and communities.

ADVERSITY IS NOT DESTINY. Our amazing bodies and brains are ready to respond to positive experiences and reshape our futures, from the inside out.

#Growing Better Together

use this hashtag in your social media captions



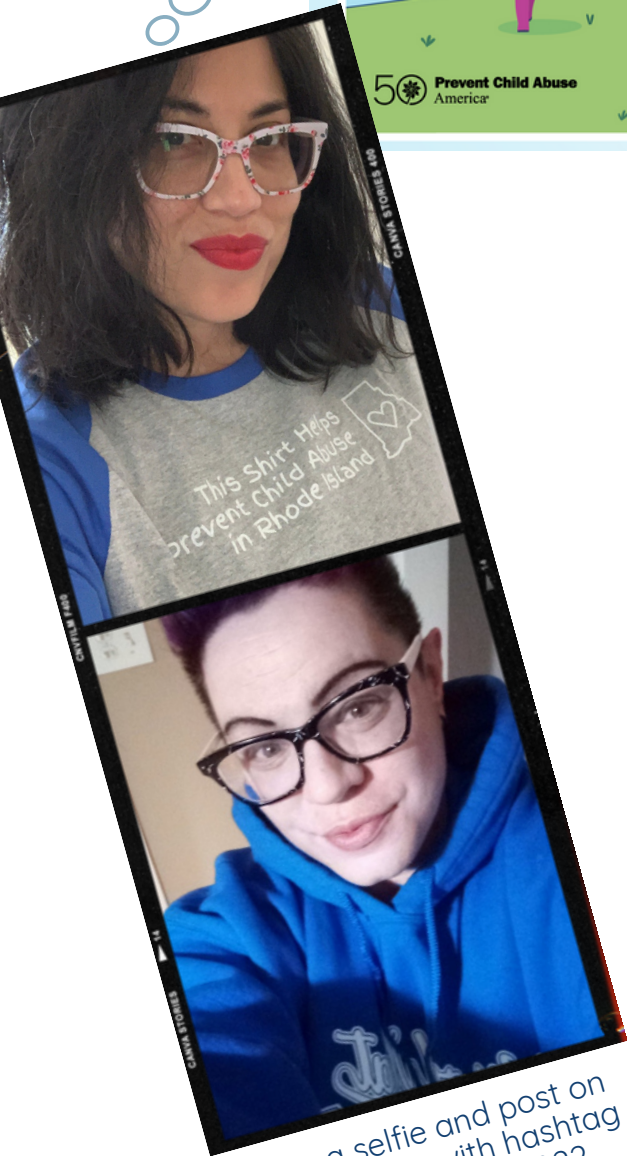


LOVE my Wear Blue tee from psnri.org/shop



50 Prevent Child Abuse America

Wear Blue Day! — to kick off Child Abuse Prevention Month. Show your support for the essential work needed in your community and across the country to ensure a better, safer future for all children.

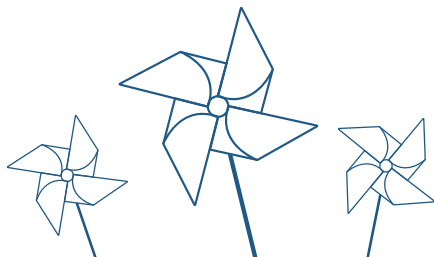


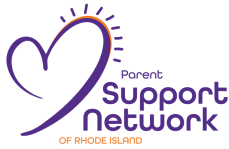
Take a selfie and post on social media with hashtag #WearBlueDay2022



Bikers Against Child Abuse of RI rhodeisland.bacaworld.org

order your tee at psnri.org/shop





Planting Seeds of Support

In line with this year's Prevent Child Abuse America's April prevention campaign theme, **Growing a Better Tomorrow for All Children, Together**, we are promoting planting seeds of support. by sharing free packets of seeds for planting across the state!

PCA-RI Chapter would like to partner with families, early care providers, schools, community, and state agencies to plan covid-friendly activities with children, students, and families. Learn more about how we can partner and plant seeds together for a better tomorrow.

If you need seeds, pots, and soil supplies for your group project we can assist. We would love to partner! Please contact us to arrange for pick up or drop off these supplies to your location.



Every day, we help positive childhood experiences take root.

Contact:
Kyle Delaney
Chapter Coordinator
k.delaney@psnri.org
or 401-450-9689



Child & Family Support
Our peer mentors work with family members to support your child and family needs. Learn more at psnri.org/support

Parent Support Groups
Peer-led support around challenging times when caring for children at risk or with social, emotional, and mental health challenges. More info at psnri.org/support



Nurturing Parenting
12-week virtual course series. Learn more and apply at psnri.org/parenting

Help us build the PSNRI Family & Youth Advisory Board
Meets every 2nd Thursday of the month online. Learn more at psnri.org/advocacy





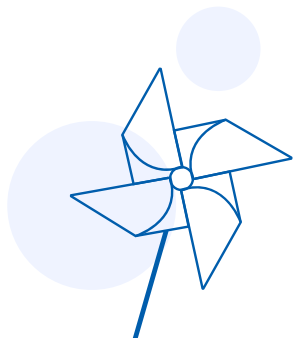
Help spread the word on social media!

Post a photo of yourself wearing blue on April 1st. Tag us @PSNRI and #WearBlueDay2022 hashtag

Share pics and videos of your CAP Month activities! Tag @PSNRI and use hashtags #GrowingBetterTogether #CAPMonth2022

Follow us on Facebook, Twitter and LinkedIn to share our posts!

facebook.com/psnri
twitter.com/psnri
linkedin.com/company/psnri



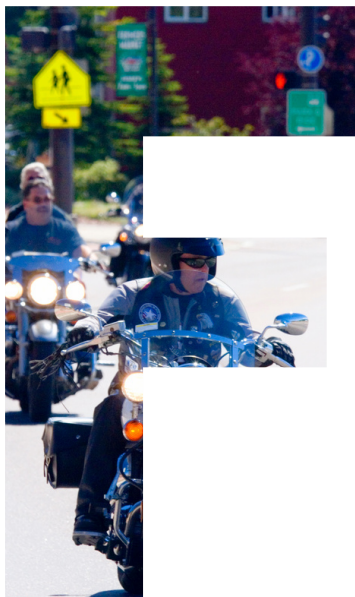
Save the Date!



April 1st - Double Whammy! Wear Blue Day to kick off CAP month + 401Gives (a historic giving day for everyone in Rhode Island to GIVE BIG!). You can learn more at 401gives.org

April 16th - Join us on your motorcycle for a Bike Run at 10:30am Norwood Field, 42 Fredrick Ave, Warwick, next to the Boys and Girls Club. Followed by everyone (all ages) joining together at 12pm to form a human peace sign and planting of pinwheels in the earth leaving a peace sign made of pinwheels. Pinwheels are the national symbol for child abuse and neglect prevention. The pinwheel represents our hope that every child will be raised in a healthy, safe, and nurturing environment.

April 30th - Stop by our table at Healthy Kids Day at the Kent County YMCA in Warwick 10am-2pm. Celebrating its 30th anniversary, Healthy Kids Day is a free community event to help parents begin thinking about ways to keep their kids both physically and intellectually active this summer.





It Takes a Village

Help us strengthen families

Donate here
April 1st → PSNRI.ORG/401GIVES
6AM-6AM

Together, we can prevent child abuse, America... *Because childhood lasts a lifetime.*



PINWHEELS **RIDE** for Prevention



Route starts and ends at Norwood Field, 42 Fredrick Ave, Warwick, next to the Boys and Girls Club. Kickstands up at 10:30am, human peace sign group aerial pic at Noon. Join the motorcycle ride or meet us for the group pic!

APRIL 16th 10:30AM
GROUP PIC AT NOON





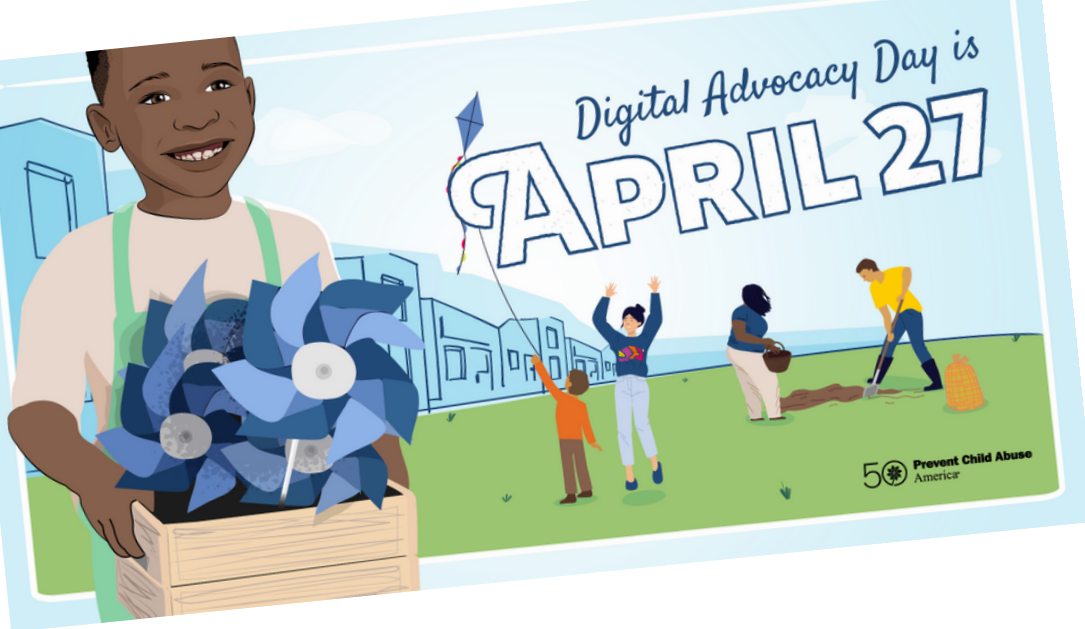
Join YMCAs across state to celebrate the 30th Anniversary of Healthy Kids Day on April 30th from 10am to 2pm

Healthy Kids Day is a free community event to help parents begin thinking about ways to keep their kids both physically and intellectually active this summer. At the Y, we believe that kids can achieve amazing things. When a child is healthy, happy, motivated, and excited...watch out...because something amazing is inevitably going to result. As that child grows and fulfills their true potential, they will truly make the world a better place for everyone.

Come visit and learn about community resources and great opportunities for your children. For Child Abuse Prevention month, PSN will be attending a few of the YMCA Healthy Kids Day events across the state to raise awareness, share resources and interact with children and families planting seeds that they can take home and watch grow together. Visit ymca.org/hkd for information about a YMCA near you! Bring the whole family, have fun, and participate!

PSN will be at the YMCA locations in Cranston, Kent, South County, and Mt. Hope/East Side of Providence.





STATEWIDE FAMILY & YOUTH ADVISORY BOARD

Call to Action: Digital Advocacy Day for Rhode Island Children

Visit these resources to learn who are your local representatives and senator and federal delegates and important legislative and budget information:

[2022 Digital Advocacy Day](#)

[Right Start Agenda: 2022 Legislative & Budget Priorities – Right from the Start](#)

[Prevent Child Abuse America Public Policy](#)

[National Federation of Families Advocacy Tool Kit](#)

[RI Kids Count Advocacy](#)

[The Economic Progress Institute Policy Agenda](#)

[United States RI Congressional Delegation](#)

[RI General Assembly, RI Senate](#)

[RI General Assembly, RI House of Representatives](#)

This is the time of year to speak up for prevention but... if you'd like to make a difference year-round join the *PSNRI Family and Youth Advisory Board* every 2nd Thursday of the month online. Learn more at psnri.org/advocacy

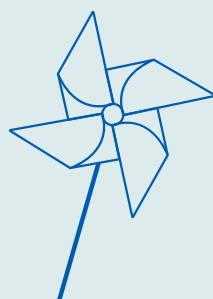
via rikidscount.org

Child Neglect and Abuse in Rhode Island: Prevention and Support for Children and Families

Children need love, affection, and nurturing from their parents and caregivers for healthy physical and emotional development from birth through adolescence. However, parents and caregivers may have difficulty providing this support and may be at increased risk of maltreating their children if they are overwhelmed by multiple risk factors such as poverty, substance abuse, intergenerational trauma, isolation, or unstable housing. Our latest **Issue Brief** discusses the data and research about child neglect and abuse, and offers recommendations for prevention and to support children and families involved in the child welfare system. Please also see the [media release](#), [event recording](#), and coverage in [The Boston Globe](#) and [The Public's Radio](#).



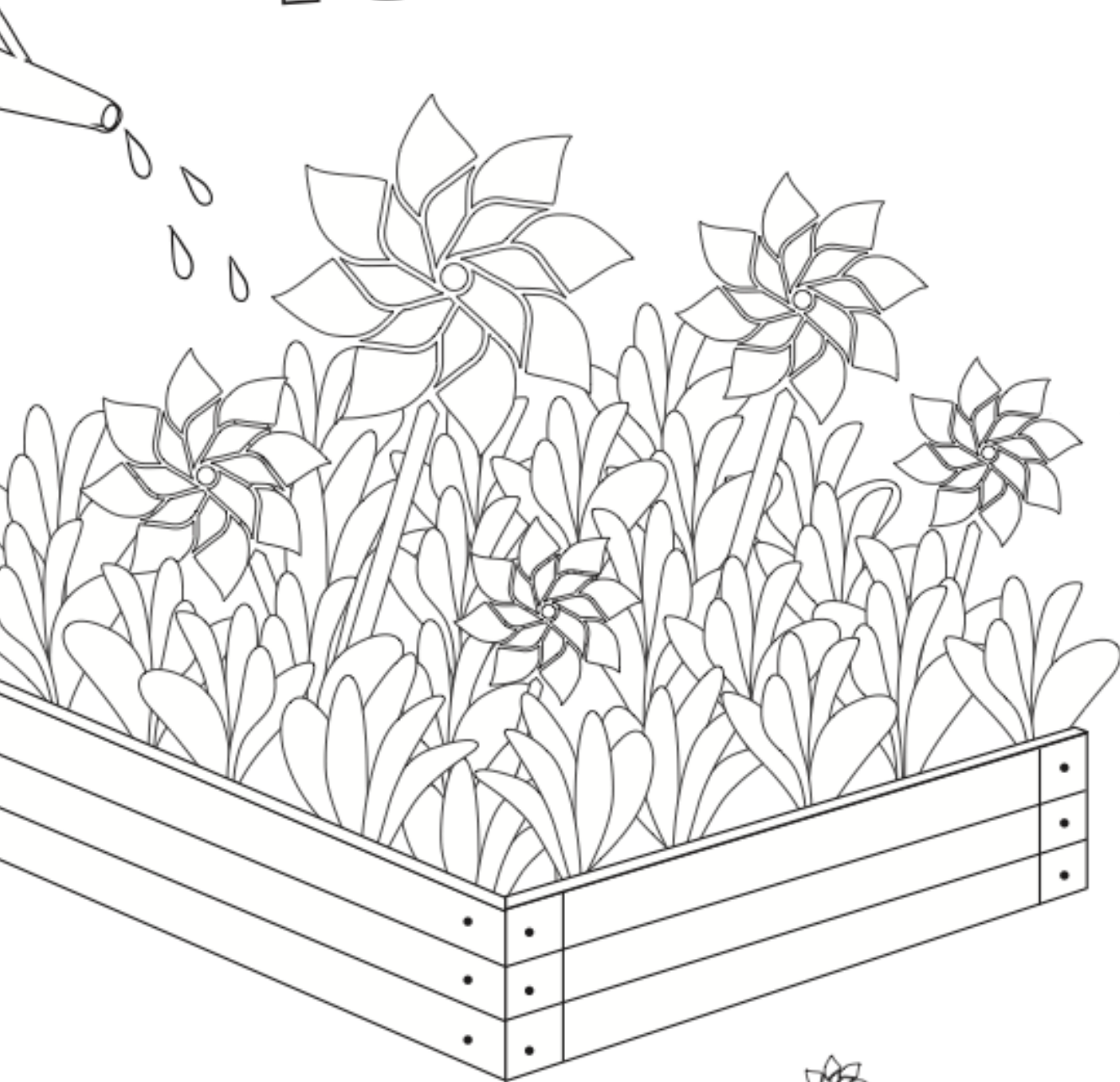
PSN served on panel in event recording!



GROWING

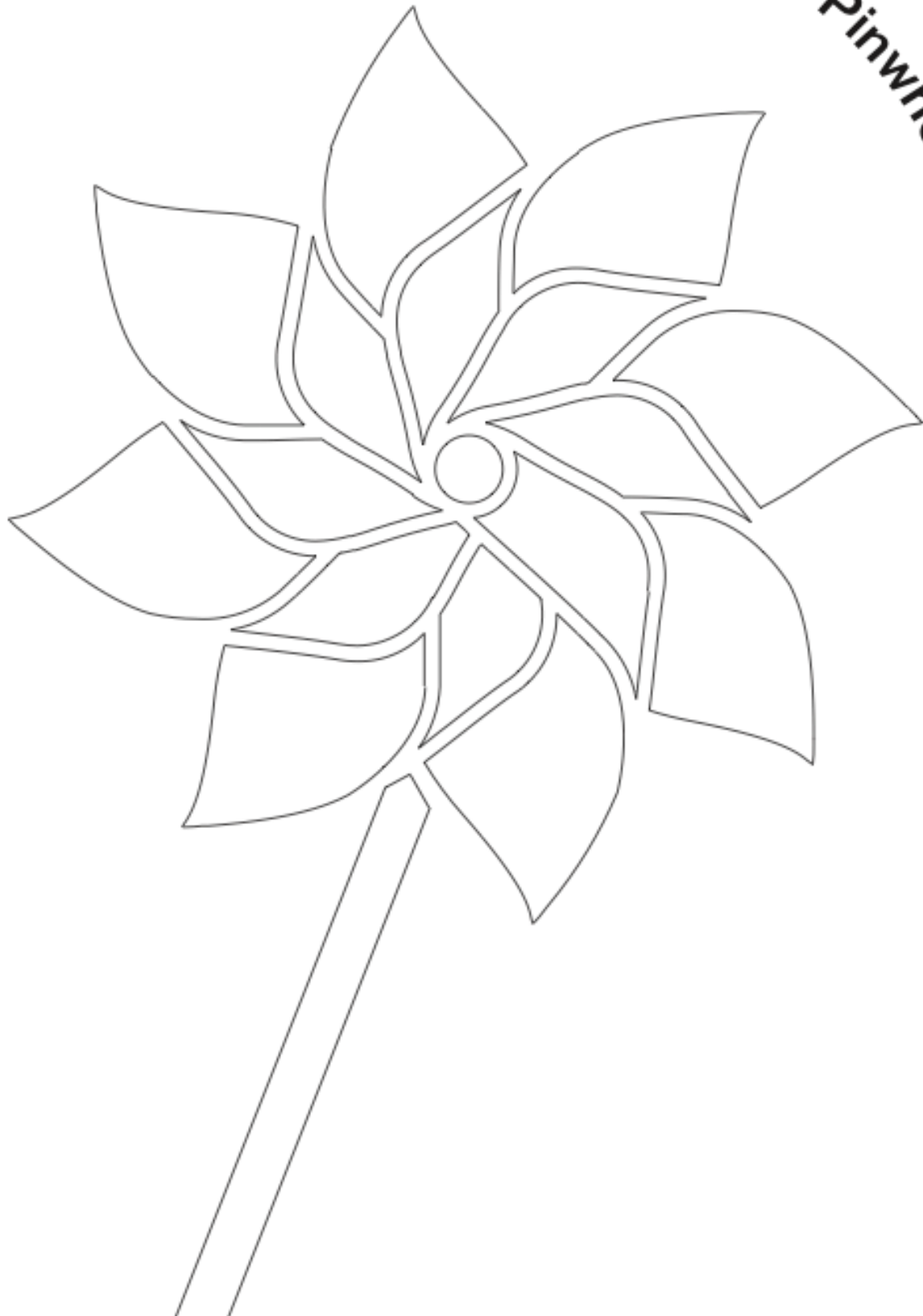
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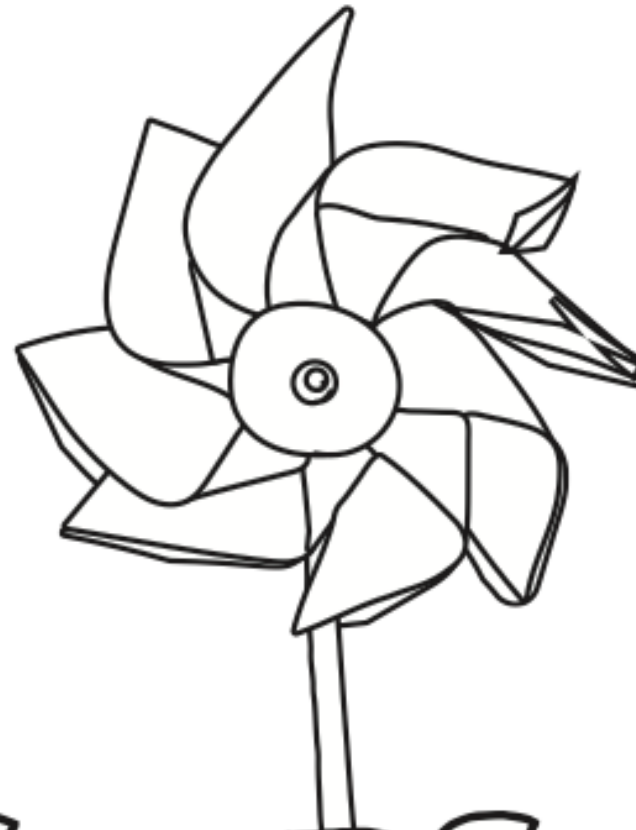
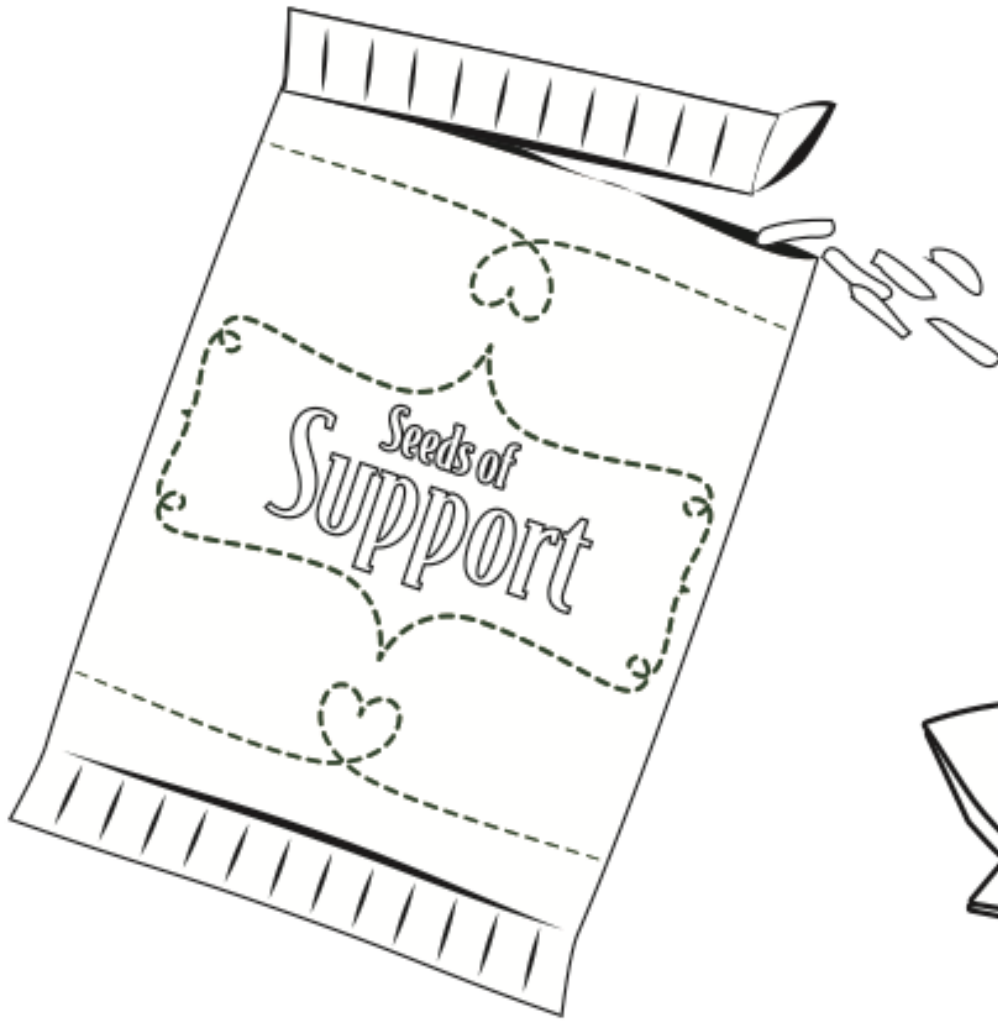
Prevent Child Abuse
America®

Design your own Pinwheel





Prevent Child Abuse
America®



The Best Time to
PLANT SEEDS
OF SUPPORT
for All Children is Now

Name: _____ Date: _____

CAP MONTH WORD HUNT

Look for the following CAP Month words. Circle the words as you find them.

- seed
- grow
- child
- pinwheel
- support



 **Prevent Child Abuse**
Rhode Island

g	r	o	w	t	h	w	i	c
r	s	u	p	p	o	r	t	h
o	f	u	n	a	j	e	d	i
w	p	i	n	w	h	e	e	l
s	e	e	d	e	a	t	l	d

Name _____

My 5 Senses



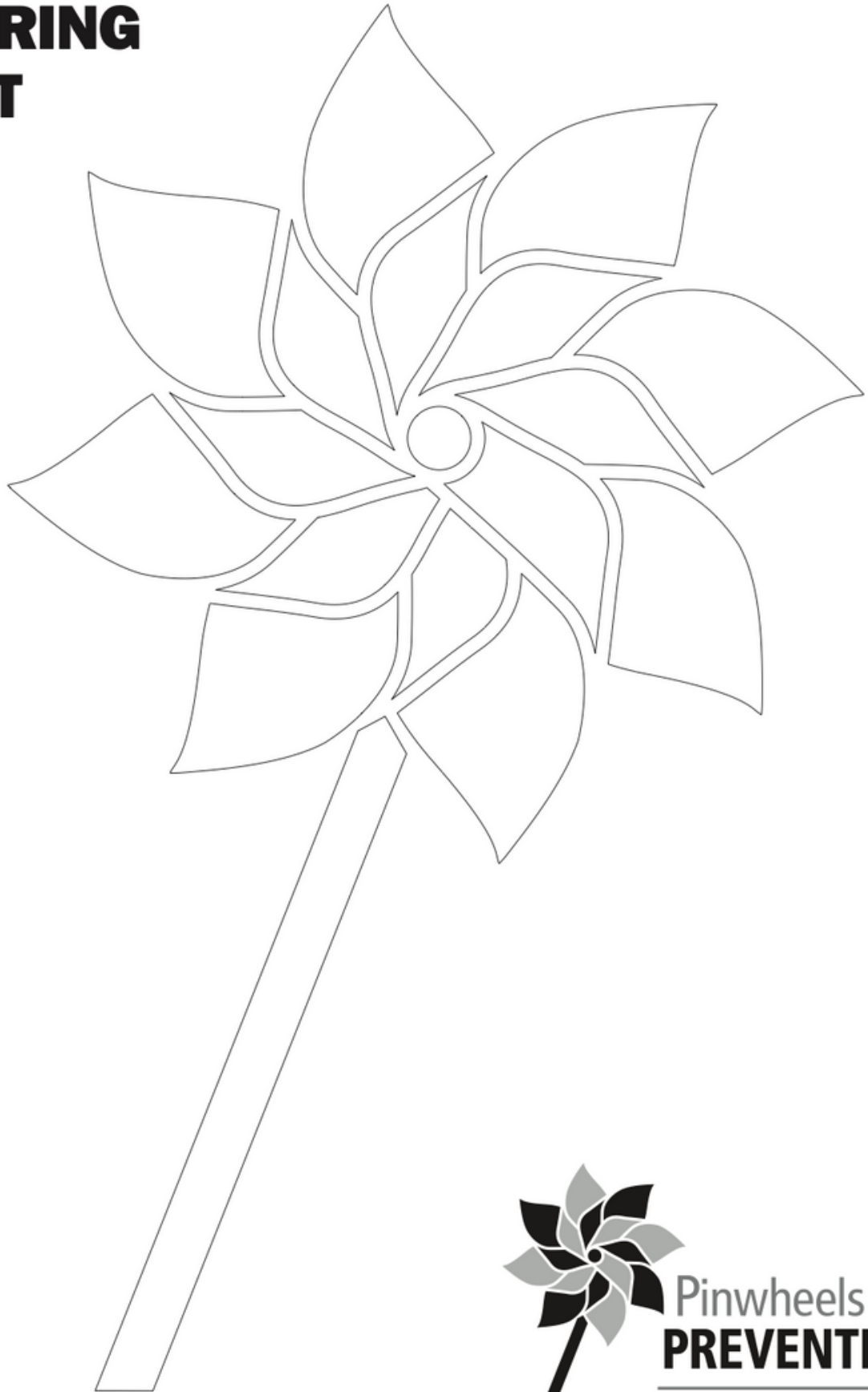
Please draw a line from the body part to the sense.

5-4-3-2-1 Anxiety Tip: Name 5 Things You See, 4 Things You Touch,
3 Things You Hear, 2 Things You Smell, 1 Slow Deep Breath

Eyes
Ears
Hands
Mouth
Nose

Taste
Hearing
Sight
Touch
Smell

PINWHEEL COLORING SHEET



MAKING YOUR OWN PINWHEEL

Here's a craft project that will allow children a chance to participate in your community's **Pinwheels for Prevention** activities. This activity can be used in schools, daycare centers, after-school programs, church groups, etc.

Materials

- a push pin
- a square piece of construction paper (about 8.5" x 8.5")
- a sharpened pencil with eraser
- scissors

Procedure

1. Lay the square paper flat on a table and draw a line diagonally from each corner to the opposite corner.
2. Mark the center of the square where the two lines cross and punch a small hole through it with the pencil tip.
3. Next, cut along each line stopping about an inch from the hole in the center of the square.
4. Take the pin and punch a hole in the top left corner of each of the four flaps. (No two holes should be next to each other.)
5. Pick-up a flap at a punched corner and carefully curve it over toward the center hole, securing it with the pin.
6. Repeat this for the other flaps.
7. When all four flaps are held by the pin, carefully lift the paper without letting the flaps unfurl.
8. Lay the pencil flat on a table and carefully push the point of the push pin into the side of the eraser.
9. Now your pinwheel is complete and ready to go. Pick-up the pinwheel near the pencil point and let it catch the wind.



Pinwheels for
PREVENTION[®]

Prevent Child Abuse
America[®]