

RHODE ISLAND FAMILY RESOURCE GUIDE

Strengthen your support system. Connect to free resources.



CHILD & FAMILY SUPPORT

learn more at psnri.org/support or call warm line at 401-467-6855



group for parents, caregivers, and grandparents to make connections and share support (children are welcome)

if you're
pregnant and
using, there
are steps you
can take now
to protect
yourself and
your baby.
Without
judgement.



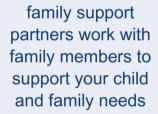
Parent Support Droups

Pl Fatherhood Initative psnri.org/fatherhood

Healing Mother & Baby psnri.org/help or psnri.org/ayuda

Nurturing Parenting

family-centered trauma-informed 12-week course designed to build nurturing parenting skills



fatherhood
group ranges
from teen
fathers to
grandfathers
all coming
together to
share
experiences
and learn from
each other













Early Childhood FREE Resources

First Connections

Pregnant people, families, and caregivers with children up to age 3.

Healthy Families America
Pregnant people and families with infants or young children up to age 4.

Nurse-Family Partnership
First-time pregnant people that are less than 28 weeks pregnant up until the child turns 2.

Parents as Teachers
Pregnant people and parents with children up to age 4 (some programs up to age 5).

RI Family Support

FREE Resources

Parent Support Network of RI

535 Centerville Rd, Ste 202, Warwick 401-467-6855 warm line www.psnri.org

RI Parent Information Network

300 Jefferson Blvd, Ste 300, Warwick 401-270-0101 www.ripin.org

MLK Community Center

20 Dr. Marcus Wheatland Blvd, Newport 401-846-4828 www.mlkccenter.org

The Providence Center

528 North Main St, Providence 401-276-4020 www.providencecenter.org

Progreso Latino

626 Broad St, Central Falls 401-728-5920 www.progresolatino.org

Newport Conexion Latina

528 North Main St, Providence 401-276-4020 www.providencecenter.org

Thrive Behavioral Health

528 North Main St, Providence 401-276-4020 www.providencecenter.org



Family Care

Community Partnerships

Child & Family

31 John Clarke Rd, Middletown 401-849-2300 www.childandfamilyri.com 24/7 Emergency Services

Communities for People

210 West Ave, Pawtucket 833-322-7123 www.communities-for-people.org 24/7 Emergency Services

Family Service of RI

134 Thurbers Ave, Providence 401-519-2280 www.familyserviceri.org

Tri-County Community Action Agency

1935 Kingstown Rd, Wakefield 401-789-3016 www.tricountyri.org

Community Care Alliance

800 Clinton St, 2nd Floor, Woonsocket 401-235-7252 www.communitycareri.org

Local 24/7 CRISIS Support

TIDES

Children's Mobile Crisis Response 401-822-1360

FSRI

Children's Mobile Crisis Hotline 401-854-6678

Kids Link RI

Children's Behavioral Health Triage and Referral 1-855-543-5465

BH Link

Adult Behavioral Health Triage and Referral 988









Positive Parenting Practices

- Increased parental confidence
- Increased positive parent-child interactions
- Increased home quality and safety



Child Maltreatment Outcomes

- Improves child safety
- Prevents maltreatment
- HFA parents use more positive discipline and less physical punishment and yelling
- Recurrence of maltreatment was reduced by 1/3



Economic Self-Sufficiency

- HFA moms were 5x more likely to enroll and participate in school and training programs
- Teen HFA moms were **twice as likely** to complete at
 least one year of college
 compared to those not
 receiving HFA
- 27% fewer families were homeless



Maternal Health

- HFA moms show lowered parenting stress
- Increased mothers' mental health
- Increased avoidance of risky behaviors



Child Health & Development

- 48% decrease in lowbirth-weight birth rates among moms who enrolled prenatally
- 26% fewer children receive special education services



Family Violence

 30% fewer intimate partner violence incidents leading to injury

Healthy Families America. Evidence of Effectiveness. (2022). Available from https://www.healthyfamiliesamerica.org/our-impact/evidence-of-effectiveness/











Healthy Family America Rhode Island Sites

Healthy Families America is the signature home visiting program of Prevent Child Abuse America.

BVCAP

Pawtucket 401-723-4520 www.bvcap.org

Children's Friend

153 Summer Street, Providence 1-800-286-2901 www.cfsri.org

Community Care Alliance

Woonsocket 401-235-7000 www.communitycareri.org

CCAP

311 Doric Ave, Cranston 401-467-9610 www.comcap.org

EBCAP

East Providence and Newport 401-437-1000, ext 1535 www.ebcap.org

Family Service of RI

West Warwick and Providence 401-519-2280 www.familyserviceri.org

Meeting Street

1000 Eddy St, Providence 401-533-9100 www.meetingstreet.org

Parent SUPPORT TIP

Call 401-467-6855 to speak to a family support partner -- someone with lived experience navigating children's behavioral health.