



Hope Recovery Community Center  
 50 Washington Sq., Newport, RI 02840  
 p: 401-324-5626  
 fb: @HopeNewportCounty  
 w: psnri.org/newport

**September 2024**  
 HOURS: M-F 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>CLOSED</b> 	3 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p	4 Write It Out 10-11:30a Mental Wellness 1:30-3p V LGBTQ Support Group 2-3pm	5 All Recovery 2:30-3:30p	6 Why Worry? 12-1p NAMI 10 - 11 am (Middletown) Nurturing Resilience 1:30-2:30p
9 All Recovery 9-10a Self-Renovation 2-3p	10 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p	11 Write It Out 10-11:30a Mental Wellness 1:30-3p V LGBTQ Support Group 2-3pm	12 Wellness Art 10 am -12 pm All Recovery 2:30-3:30p	13 Why Worry? 12-1p NAMI 10 - 11 am (Middletown) Nurturing Resilience 1:30-2:30p
16 All Recovery 9-10a Self-Renovation 2-3p	17 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p	18 Write It Out 10-11:30a Mental Wellness 1:30-3p V LGBTQ Support Group 2-3pm	19 All Recovery 2:30-3:30p	20 Why Worry? 12-1p NAMI 10 - 11 am (Middletown) Nurturing Resilience 1:30-2:30p
23 All Recovery 9-10a Self-Renovation 2-3p	24 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p	25 Write It Out 10-11:30a Mental Wellness 1:30-3p V LGBTQ Support Group 2-3pm	26 All Recovery 2:30-3:30p	27 Why Worry? 12-1p NAMI 10 - 11 am (Middletown) Nurturing Resilience 1:30-2:30p
30 All Recovery 9-10a Self-Renovation 2-3p				

All meetings are in person unless otherwise noted.  
 LEGEND: AR = All Recovery  
 H = Hybrid (virtual and in person)  
 V= Virtual

**ZOOM LINKS** <https://us02web.zoom.us/my/hoperecovery> or meeting ID: 294 153 7242 or hoperecovery, code: 1234  
 LGBTQ: email [evewc@hotmail.com](mailto:evewc@hotmail.com) for link  
 NAMI on Friday's takes place at the Middletown Library Lawn -email Jen Casey for details ([J.Casey@psnri.org](mailto:J.Casey@psnri.org))

CALL HOPE RECOVERY WARM LINE 401-324-5626 FOR PEER SUPPORT M-F 8AM-4PM  
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT